



The Nightingale Bag

This workshop will take you step-by-step through the construction of the Nightingale Bag by Center Street Quilts.

Tools Needed:

- Sewing machine in good working order (bring your manual just in case)
- Basic sewing and quilting tools (scissors, rotary cutter, pins, clips, 24-inch ruler, erasable marking pen, etc.)

Also highly recommended: stiletto, teflon sewing foot, ¼” foot, tissue paper (for sewing vinyl).

Supplies Needed:

- Pattern, which should be ordered online, or through a local quilt store a few weeks ahead of time. I have found that Serge & Sew provides fairly prompt service on my pattern orders.
- Three co-ordinating fabrics:
 - o Main fabric (outside of bag) – ½ yard
 - o Lining fabric (lining and inside pockets – ½ yard
 - o Accent fabric (bindings)

- Foam stabilizer – 18” X 42” (note: the pattern says that batting can be used instead, but this produces a much less attractive, less sturdy bag)
- Vinyl (16 gauge) – 16” X 16” piece (available by the metre from Fabricland)
- 1” wide webbing* – 1 meter
- 1” or 1 ½” slider*
- 1 package of zippers by the yard (available at Serge and Sew in a wide variety of colours, with zipper heads included)
- Threads to match both your outer and lining fabrics closely. Stitching unavoidably shows on the outside of the bag, so it must match your outer fabric closely.

*Note: There is a small design flaw in the pattern. If you use 1-inch webbing and cover it, as directed in the pattern, it is very difficult to squeeze it through the 1-inch slider. To avoid this problem, you can

- a) buy a larger slider (1 ½”) or
- b) buy webbing to match your project and forgo covering it. Stedman’s in Parksville has a wide range of colours of webbing to choose from, so it is quite easy to find one that matches or co-ordinates with your fabric choices.

Preparation for the first session:

Come to the first class with your main fabric, lining fabric and foam stabilizer quilted. The overall quilt sandwich should measure 18” wide by 42” long. For your first attempt, particularly if you are new to bag-making, use non-directional fabrics.

DO NOT DO ANY FURTHER CUTTING. JUST MAKE THE QUILT SANDWICH FROM WHICH THE PIECES WILL BE CUT IN CLASS

If you wish to use a variety of fabrics, not just the three recommended in the pattern, then prepare the following smaller quilt sandwiches:

- 1 piece 10 inches X 24 inches (this will form the body of the bag)
- 1 piece 12 inches X 12 inches (this will form the pouch inside the bag)
- 2 pieces 7 inches X 10 inches each (for each of the two small pockets inside the bag)